PIL Size Guide Your easy reference to sizes of capsules, softgels and tablets

Every price box for Swanson[®] Brand supplements featured in our publications and on our website includes a letter or number code indicating the size of the capsules, softgels or tablets inside the bottle. Simply refer to this guide for an approximate representation. No longer will you order your supplements only to find out that

they're not what you anticipated. With Swanson, you'll always know what to expect when you open a fresh bottle of our quality products.

We're including this handy size guide in all Swanson publications for fast, easy reference whenever you shop. You can also download a printable version from our website at <u>www.swansonvitamins.</u> <u>com/Help</u> under product information.

EXAMPLE ITEM # QUANTITY SWE020 120 softgels H \$8.99 Approximate Softgel Size







4=

G = (

H=

Approximate Tablet Size

K=







R=	
K=	



T=